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Obituary

Dr Manu Kothari — an eminent anatomist, scientist, pscychologist philosopher, guide, and poet.



MBBS, M.Sc (Anatomy), MS (Anatomy) (1935-2014)

Dr Manu Kothari was born on November 19, 1935. He did his MBBS, MS (General Surgery) and MSc (Anatomy) from Seth GS Medical College and KEM Hospital.

Dr Manu Kothari was the Professor and Head of the Department of Anatomy at Seth GS Medical College from 1981 to 1993, after which he continued as Professor Emeritus and Chairperson of Institutional Ethics Committee. He served the institution for sixty years and was working till the very last day of his life. He of used to sing, "Jeena yahan, marna yahan, iske siva jaana kahan?"

An erudite scholar, an excellent orator, a witty person, a charming personality, and a source of inspiration and awe portrays the image of Manu Kothari which makes him instantly appealing. He had the knack of captivating the audience and making the person he talks to as if he (Dr Manu Kothari) is his greatest friend.

Dr Manu Kothari held a philosophical view of life and science. Philosophy he used to say is "scientia scientiarum" — the science of all sciences. His definition of normal is "Natural Order Regulating Matter and Life". "Blood pressure is just the elasticity of the walls". "Disease is a function of the body. Death is a function of time. The healthy do not necessarily survive. The diseased do not necessarily die". "Check-up clinic is a place where a person walks in and a patient walks out". "It is impossible to make an asymptomatic person feel better". This does not mean he outrightly rejected modern medicine. His principle was "Do not trouble trouble, until trouble troubles you. Trouble trouble to the extent that it troubles you".

Dr Manu Kothari has written books ranging from cells to cancer, from hypertension to immunology to HIV-AIDS, from embryology to genetics to disease and dying. 'The Nature of Cancer', 'Cancer: Myths and Realities of Cause and Cure', 'The Other Face of Cancer', 'Human Genetics', 'Essentials of Human Embryology', 'Death: A new perspective on the phenomena of disease and dying', 'Living and Dying', 'Celldom Appreciated', 'Revising High Blood Pressure: Understanding Myths-n-Realities', 'Immunology Revisited: Principles-n-Parlance Revised', 'HIV-AIDS Revisited: Uncovering Facts and Fiction', are some the books that Dr Manu Kothari has authored. He has also written several articles in national and international journals.

As a doctor, Dr Manu Kothari used to literally live the life based on the song he had composed — "Mareez ki muskurahaton pe ho nisaar, mareez ka dard mil sake to le udhaar, mareez ke vaaste ho tere dil me pyar, doctor isi ka naam hai".

Shyam Kishore Additional Professor, Department of Anatomy, Seth SG Medical College& KEM Hospital, Mumbai, India

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